Adjusting to life at university

Ron Baird

Transition and Orientation Programs
The University of Melbourne

- What are the differences?
- What is transition?
- How can the Extension Program enhance your transition?
- How can you make the most of it?
Differences between school and uni

- Styles of teaching and learning
- Level of independence
- Expectations of teaching staff
- Size and diversity of staff and student population
- Services and facilities

Transition at uni

- School → uni
- Home → overseas
- 1\textsuperscript{st} year → 2\textsuperscript{nd} year
- Uni → work

Types of transition at uni:
  - Academic
  - Administrative
  - Geographic
  - Social
How can the Extension Program help?

❖ Academic:
  - Teaching and learning styles
  - Volume of work and pace of delivery
  - Independent learning and research
  - Skills will help your Year 12 studies

❖ Administrative:
  - Knowledge of university systems
  - University email account
  - Access to online resources
  - Access to libraries and other services
  - Dealing with uni correspondence

❖ Geographic
  - Periods of time spent on campus
  - Finding your way, using services and library
  - Travelling to campus
  - Check it out during semester time

❖ Social
  - Meeting new people
  - Interaction and communication with uni staff and students
  - Increased independence and confidence
  - Time management skills
Help at uni

- Orientation Week
- Faculty Transition Programs and study groups
- First Year Learning Centres
- Study skills seminars
- Mentor schemes
- Student services

Make the most of it!

- Expect things to be different
- Allow some time to adjust
- Refine time management and organisation skills
- Use library, Lib guides, online resources
- Talk to other students
- Ask for help
- Enjoy the challenge!
Transition and Orientation

- Choosing a course – questions to ask the Uni and questions to ask yourself
- Publications
- First Year Blog
- First year at Melbourne Face book page